



2021 Poppy 5K Virtual Road Race

Popponesett Running Together While Running Apart

2021

\$20 Per Registrant, Shirt Included with Fee

It's Virtual! Run anytime July 3 – July 17, 2021 - Run as many times as you want in two weeks
Mile Markers on roads, starting and ending at Holly Road (see registration form attached)

Email results to maureenappleyard@yahoo.com

Awards to top finishers

First Male and Female Each Age Category:

12 and under

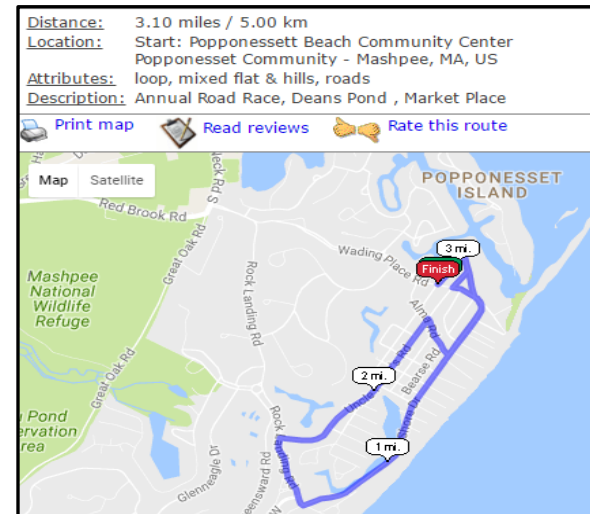
13-18

19-34

35-49

50-65

66 plus



T-Shirts distribution will be posted on PBA Web Site: https://www.popponesettbeachassociation.com/news_blog

and Facebook page: [PBA – POPPONESSETT BEACH ASSOCIATION](#)

ROUTE MAP: <http://legacy.usatf.org/routes/map/viewRoute.aspx?mapID=588538>

REGISTRATION

Family Last Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____ Email: _____

Signature of person registering: _____

Up to 6 family members per form (\$20 per person), place X in tee shirt size one per each name.

First Name	Age	Youth Small	Youth Med	Youth Large	Adult Small	Adult Med	Adult Large	Adult XL	Adult XXL

Total Enclosed \$_____ (family members x \$20)

Make Payable to the

Popponeset Beach Association

Please Drop Off completed form with check in an envelope at 73 Nick Trail (Front Door).